

Fundamental Knowledge of *Abhidhamma*

Lesson – 23 –

Association Of Mental Factors (Part-2)

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1

Suggested reading - CMA. p – 96 to 99

(3) *Sobhana-cetasika Sampayoga-naya* – The Associations of Beautiful Mental Factors – 25

1. *Sobhana-Sādhāraṇa Cetasika*

The Universal Beautiful Factors – 19

{1}– occur in all 59 / 91 beautiful consciousness

2. *Viratī Cetasika*

The Abstinences – 3

{2}– occur in 8 wholesome sense-sphere (Mundane),
8 supramundane consciousness

3. *Appamaññā Cetasika*

The Illimitables – 2

{3}– occur in (28) **cittas**: (8) great-wholesome and
(8) great-Functional of sense-sphere, and
(12) Sublime consciousness of first four *Jhānas*

4. *Paññindriya Cetasika*

The Wisdom faculty – 1

{4}– occur in 47 consciousness associated with
knowledge

1. Sobhana-Sādhāraṇa Cetasika

The Universal Beautiful Factors – 19

- 1. Saddhā*** – Faith
- 2. Sati*** – Mindfulness
- 3. Hirī*** – Shame of wrong doing
- 4. Ottappa*** – Fear of wrong doing
- 5. Alobha*** – Non-greed
- 6. Adosa*** – Non-hatred
- 7. Tatramajjhataṭṭā*** – Neutrality of mind

Six pairs of the Universal Beautiful Factors

(8) <i>Kāyapassaddhi</i> – Tranquility of the (mental) body	(9) <i>Cittapassaddhi</i> – Tranquility of consciousness
(10) <i>Kāyalahutā</i> – Lightness of the (mental) body	(11) <i>Cittalahutā</i> – Lightness of consciousness
(12) <i>Kāyamutā</i> – Malleability of the (mental) body	(13) <i>Cittamudutā</i> – Malleability of consciousness
(14) <i>Kāyakammaññatā</i> – Wieldiness of the (mental) body	(15) <i>Cittakammaññatā</i> – Wieldiness of consciousness
(16) <i>Kāyapāguññatā</i> – Proficiency of the (mental) body	(17) <i>Cittapāguññatā</i> – Proficiency of consciousness
(18) <i>Kāyujukatā</i> – Rectitude of the (mental) body	(19) <i>Cittujukatā</i> – Rectitude of consciousness

2. *Viratī Cetasika* (The Abstinences) – 3

1. *Sammā-vācā* – Right speech
2. *Sammā-kammanta* – Right action
3. *Sammā-ājīva* – Right livelihood

{2} – occur in (16) cittas:

8 - wholesome sense-sphere (Mundane),

8 - supramundane consciousness (16) (-73)

– {-73} Unwholesome *cittas* – (12) +

Rootless *cittas* – (18) +

Sense-sphere-beautiful – (16); (=46); +

Fine-Material-sphere-Consciousness – (15) +

Immaterial-sphere-Consciousness – (12) + = (73)

-arise taking the object of transgression

- ❖ They cannot occur in resultant sense-sphere cittas, which do not exercise the function of restraint.
- ❖ They do not occur in the great functional cittas of an Arahant, since an Arahant has altogether overcome the disposition towards transgression and thus has no need for abstinence.
- ❖ They cannot occur in sublime cittas, which take the counterpart sign of the jhāna as their object.

Different Nature of *Viratī* in Mundane and Supramundane

Nānā – Kadāci in Mundane

- The mundane (*Lokiya*) abstinences can occur only in the sense-sphere wholesome cittas and only present **on occasions** when one deliberately refrains from wrongdoing. {*Kadāci*}
- Moreover, they are **mutually exclusive**. (arise separately) {*Nānā*}

Niyatā – Ekato in Supramundane

- They are necessarily present in supramundane *citta*. {*Niyata*}
- And when the abstinences arise in the supramundane cittas, they always occur together (*ekato*), all three being present simultaneously.

3. *Appamaññā Cetasika* (The Illimitables)– 2

1. *Karuṇā* – Compassion
2. *Muditā* – Appreciative joy

{3} – occur in (28) **cittas**: (8) great-wholesome and
 (8) great-Functional of sense-sphere, and
 (12) Sublime consciousness of first four *Jhānas*
 = (28) (-61)

Nānā – Kadāci

➤ They arise at times variably – present **on occasions** and **mutual exclusive**.

The two illimitables are only present when the citta occurs in the appropriate mode:

either as commiserating with those in suffering, when compassion arises,
or as rejoicing in the fortune of others, when appreciative joy arises.

They do not arise in the fifth Jhāna cittas because, at the level of jhāna, they are necessarily connected to joyful mental feeling (*Somanassa*), which in the fifth jhāna is replaced by equanimous feeling (*Upekkhā*).

{*Keci*} *Some teachers, however, say* that compassion and appreciative joy are not present in the types of consciousness accompanied by equanimity. {**only with 20 cittas**}

4. *Paññindriya Cetasika* (The Wisdom faculty) – 1

Paññindriya Cetasika –
The Wisdom faculty – 1
Non-delusion (*Amoha*),

{4} – occur in 47 consciousness associated with
knowledge = (47) (-42)

– {47} Sense-sphere-beautiful – (12); (=12); +
Fine-Material-sphere-Consciousness – (15) +
Immaterial-sphere-Consciousness – (12) +
Supramundane *Cittas* – (8) = (47)

– {-42} Unwholesome *cittas* – (12) +
Rootless *cittas* – (18) +
Sense-sphere-beautiful – (12); (= -42);

Fixed and Unfixed Adjuncts

{Niyata-yogī Cetasikas and Aniyata-yogī Cetasikas}

1-(*Niyata-yogī Cetasikas*)

Fixed adjuncts mental factors – 41

-The remaining 41 factors are called fixed adjuncts(*Niyata-yogī*)

Because they invariably arise in their assigned types of consciousness.

2-(*Aniyata-yogī Cetasikas*)

Unfixed adjuncts mental factors – 11

(*Aniyata*) - They do not necessarily arise in the types of consciousness to which they are allied.

Envy (*Issā*), Avarice (*Macchhariya*),
Worry (*Kukkucca*) – 3

Abstinenes (*Viratī*) – 3

Illimitables (*Appamaññā*) – 2

Conceit (*Māna*) – 1

Sloth and Torpor (*Thina-middha*) – 2

The Modes Of Unixed adjuncts mental factors

They do not necessarily arise (*Aniyata*)
Occasionally (*Kadāci*) –
Some arise separately (*Nānā*) and some in combination (*Saha*)

Envy (<i>Issā</i>), Avarice (<i>Macchhariya</i>), Worry (<i>Kukkucca</i>) – 3	(Nānā-Kadāci) - 8 Separately and Occasionally
(mundane) Abstinenes (<i>Viratī</i>) – 3	
Illimitables (<i>Appamaññā</i>) – 2	
Conceit (<i>Māna</i>) – 1	Occasionally (<i>Kadāci</i>)
Sloth and Torpor (<i>Thina-middha</i>) – 2	(<i>Saha-Kadāci</i>) In Combination And Occasionally (<i>Kadāci</i>)